

Marlborough Parks & Recreation 2019 Spring/Summer Programs (Front & Back)

Registration begins March 1st – online, in person, or via mail
www.marlboroughct.net. For more info, call 860-295-6203.

Youth Programs – Arts/Crafts

Acrylic Painting on Canvas - Grades 3 - 6, Wednesdays, 3:30-5pm, March 13th – April 3rd – Elmer Thienes -Mary Hall Elementary School Art Room. Cost is \$80 for residents/\$85 for non-residents.

Artventureswithkids Penguins and Polar Bears! – Grades K-4, Mondays, 5:30 – 6:30pm, April 8th – June 10th at the Elmer Thienes – Mary Hall Elementary School cafeteria. Embark upon a journey through the Arctic and Antarctic regions to learn about the captivating lives of penguins, polar bears, and other cold-weather creatures. Cost is \$119.00 for residents/\$124.00 for non-residents.

Music/Dance

Music Lessons Spring – Grades 4 – 8, at the Elmer Thienes Mary Hall Elementary School Media Room. Private lesson instruction on band instruments will be provided by Bruce Foote. This is a six week session beginning week of March 7th & March 8th. The lessons are a half hour in length and will occur on the same day and time signed up for. The fee includes lesson materials and one make-up lesson is guaranteed during the six week series. Time slots will run for a half hour, from 3:10 - 6:40 on Thursdays and Fridays. Fee is \$103.00 for residents/\$113.00 for non-residents.

Dazzling Dancers Class – Ages 3 – 5, Tuesdays, 9:30am-10:15am, March 19th - April 30th. Each class is structured to nurture dancers while developing and encouraging creativity. Classes will consist of monthly themes, dance activities and props. Creative activities will involve song, dance, stretch and an introduction to ballet skills. All classes held at Dance Dynamics in Hebron. Registration fee is \$90.00. (No class April 16th)

Tiny Twirlers Dance Class: Ages 2-3 with caregiver, Tuesdays, 5:30pm-6:00pm, April 2nd - June 11th. Children will be introduced to basic dance moves, work on their motor skills, and develop a sense of music. Lots of fun, smiles and movement exploration! All classes held at Dance Dynamics in Hebron. Registration fee is \$120.00. (no class on April 16th)

Tiny Twirlers Dance Class: Ages 2-3 with caregiver, Saturdays, 8:30am-9:00 am, April 6th - June 8th. Children will be introduced to basic dance moves, work on their motor skills, and develop a sense of music. Lots of fun, smiles and movement exploration! All classes held at Dance Dynamics in Hebron. Registration fee is \$96.00. (no class April 20th or May 25th)

Classes/Activities

Swim Lessons – Wednesdays, 5:30pm – 8:30pm, March 27th – May 1st. These classes are designed to allow swimmers to develop good habits in the water, become comfortable in the water, learn and refine new strokes, and become stronger, safer swimmers. Levels 1 – 5 will be taught during the spring session. Time of class will depend on the level. All classes are held at Camp Hemlocks in Hebron, CT. Registration fee is \$85.00.

After School Co-Ed Dodgeball League – Grades 5 & 6, Mondays, April 1st – May 13th from 3:15pm – 4:15pm. Participants will be divided up into teams each week to play various dodgeball games. Elmer Thienes – Mary Hall Elementary School gymnasium. Registration fee is \$30.00 resident.

After School Co – Ed Handball League – Grades 5 & 6, Wednesdays, April 3rd – May 15th from 3:15pm – 4:30pm. Participants will be divided up into teams and play weekly games. Elmer Thienes – Mary Hall Elementary School Gymnasium. Registration fee is \$30.00 resident.

Kids Sewing – Lap Quilt – Ages 6 - 14, Thursdays, April 11th & April 25th, 5:30pm – 7:00pm. Participants will sew and take home a disappearing 9 patch with fleece back quilt. Sewing lesson instruction will be provided by Miss Ashley. All materials for the project are provided. Registration fee is \$67.00 resident/\$72.00 non-resident.

Kids Sewing – Family PJ Sew – All ages welcome, Monday, May 6th from 5:30pm – 6:30pm. Participants will sew a project as a family and take home the final result. Sewing lesson instruction will be provided by Miss Ashley. All materials for the project are provided. Registration fee is \$37.00 residents/\$42.00 non-residents.

Kids Sewing – Knit Tank Dress – Ages 6 – 14, Thursdays, May 23rd & May 30th, 5:30pm – 6:30pm. Participants will sew and take home a knit tank dress. Sewing lesson instruction will be provided by Miss Ashley. All materials for the project are provided. Registration fee is \$47.00 resident/\$52.00 non-resident.

Lifeguard Certification Course – Ages 15 and up. Sundays, May 5th, May 12th & May 19th, 8:00am – 6:00pm. This course will be held at Camp Hemlocks in Hebron, CT. Participants who successfully complete the Lifeguarding course receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED, valid for 2 years. Registration fee is \$300.00.

Adult Programs/Sports

Adult Volleyball – Thursday nights at the Elmer Thienes – Mary Hall Elementary School Gym – 8:00-10:00pm - \$5 per week – Drop-In. Session runs until June 15th.

Adult Pick-up Basketball – ages 18 and over, Sundays, 8:00am – 10:00am at the Elmer Thienes – Mary Hall Elementary School Community Room. Cost is \$3 for residents and \$5 for non-residents. Season passes \$30.00 resident/\$35.00 non-resident. Session runs until May 21st.

Fitness

ZUMBA - Taught by instructor Anna Boose. The 6 week class will begin Tuesdays, February 26th – April 2nd, 7:00-8:00 pm in the Elmer Thienes Mary Hall Elementary School Cafeteria. Cost for the program is \$45 for residents and \$48 for non-residents, \$8 drop-in fee. Register on the Park & Rec website.

Barre – Tuesdays, February 26th – April 2nd, 6pm – 6:50pm. Elmer Thienes – Mary Hall Elementary School Media Room. Barre is a complete exercise class with concentrated exercises for hips, legs and core. Every week we have a slightly different focus creating a full body workout. All levels welcome, bring a mat. Registration fee is \$70.00 resident/\$75.00 non-resident/\$15.00 drop in fee. Class instruction by Janice Flanagan.

Yogalates – Tuesdays, February 26th – April 2nd, 7pm – 7:50pm. Elmer Thienes – Mary Hall Elementary School Media Room. Yogalates combines the best of both practices. Yoga stretching, strengthening and mindfulness. Pilates strengthening of deep core muscles as well as increasing muscle tone in the arms, legs, and hips. All levels welcome, bring a mat. Registration fee is \$70.00 resident/\$75.00 non-resident/\$15.00 drop in fee. Class instruction by Janice Flanagan.

Aqua Size – Shallow Water Fitness – Mondays, April 8th – May 13th, 8am-8:45am, or 4pm – 4:45pm. This class includes stretching, toning, and core work. It also includes slow and fast jogging in place, strengthening the arms and other fun low impact exercises while moving to music. This is a wonderful class for ALL Fitness Levels! Classes held at Camp Hemlocks. Registration fee is \$90.00.

Aqua Size – Low Impact Water Fitness – Mondays, April 8th – May 13th, 9am – 9:45am, or Wednesdays, April 10th – May 15th, 4pm – 4:45pm. This is a great class to keep your muscles moving. With the use of noodles and weights this low impact class will keep you thinking and moving while having minor impact on your joints. Classes held at Camp Hemlocks. Registration fee is \$90.00.

Aqua Size – Deep Water Interval – Thursdays, April 11th – May 16th, 8am – 8:45am, or 4pm – 4:45pm. Deep Water Interval is appropriate for all fitness levels and is a wonderful way to prevent overuse injuries by cross training. Flotation belts or noodles are used to maintain a suspended position for a variety of aerobic and strength training exercises in deep water. This class will help release joint pressure and it is low impact on your joints. Occasionally there will be some shallow water training mixed in. Classes held at Camp Hemlocks. Registration fee is \$90.00.

Sunset Yoga – Tuesdays, June 18th – July 23rd, 7pm – 8pm. In this Yoga class we combine Hatha Yoga, with Vinyasa Flow, Mindfulness and Meditation. This practice will help improve posture, strength, balance, and flexibility, as well as inner strength and confidence. Yoga is a personal experience and an exploration of Body and Mind. Class is held at Blish Park. Registration fee is \$70.00 resident/\$75.00 non-resident.

Dance

Adult Tap: Thursdays 7:15pm-8:00pm, March 7th - May 16th. This is a mixed level class. Classes held at Dance Dynamics in Hebron. Registration fee is \$150.00 (no class April 18th)

Adult Tap: Tuesdays, 7:15pm-8:00pm, March 19th - May 28th. This is a mixed level class. Classes held at Dance Dynamics in Hebron. Registration fee is \$150.00 (no class April 16th)

Adult Ballet: Tuesdays, 8:00pm-8:45pm, March 19th - May 28th. This is a mixed level class. Classes held at Dance Dynamics in Hebron. Registration fee is \$150.00 (no class April 16th)

Classes/Activities

Dog Obedience Class – Tuesdays, April 2nd – May 7th, 6:30pm – 7:30pm. Classes are held at Fire Station #1 on Blackledge Road. Positive training for the family dog. Your dog will receive good manners training, relationship building skills, paying attention, foundation skills, leash manners and recall skills. Registration fee is \$100.00 resident/\$105.00 non-resident. Class instruction provided by Beth Vincent.

Stand up Paddleboard Class – Saturdays, beginning on May 25th, 11am – 12:30pm. All classes are held at Blish Park. Paddleboards and lifejackets are provided for the class. All participants must be able to swim to participate. Registration fee is \$45.00 per class.

Stand up Paddleboard Yoga - Saturdays, beginning on May 25th, 1pm – 2:30pm. All classes are held at Blish Park. Paddleboards and lifejackets are provided for the class. All participants must be able to swim to participate. Registration fee is \$45.00 per class.

Stand up Paddleboard Yoga - Thursdays, beginning on June 20th, 5:30pm – 7:00pm. All classes are held at Blish Park. Paddleboards and lifejackets are provided for the class. All participants must be able to swim to participate. Registration fee is \$45.00 per class.

Summer Camps/Programs

Music Lessons Summer – Grades 4 – 8, at the Elmer Thienes Mary Hall Elementary School Media Room. Private lesson instruction on band instruments will be provided by Bruce Foote. This is a six week session beginning week of June 20th & June 21st. The lessons are a half hour in length and will occur on the same day and time signed up for. The fee includes lesson materials and one make-up lesson is guaranteed during the six week series. Time slots will run for a half hour, from 9:00am - 2:00 pm on Thursdays and Fridays. Fee is \$103.00 for residents/\$113.00 for non-residents.

Swim Lessons – These classes are designed to allow swimmers to develop good habits in the water, become comfortable in the water, learn and refine new strokes, and become stronger, safer swimmers. Lessons will begin the week of June 24th. All lesson levels are offered. All lessons are held at Blish Park. Registration fee is \$65.00 resident/\$70.00 non-resident.

Netto Summer Day Camp – Grades K-7, June 24th – August 10th at Blish Park. Campers will enjoy camp games, arts & crafts, swimming, sports, field trips and special events. All campers are supervised by counselors and lifeguards trained in CPR/First Aid. Registration is \$165.00 resident/\$170.00 non-resident.

Skyhawks Basketball Camp - Ages 5 & 6, June 24th – June 28th, 9:00am – 12:00pm. This fun, skill intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility. Registration is \$129.00 residents/\$139.00 non-residents. Camp is held at the Elmer Thienes - Mary Hall Elementary School.

Skyhawks Basketball Camp - Ages 7 – 12, June 24th – June 28th, 9:00am – 3:00pm. This fun, skill intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility. Registration is \$149.00 residents/\$159.00 non-residents. Camp is held at the Elmer Thienes - Mary Hall Elementary School.

Artventureswithkids – Grades K-4, June 24th– June 28th, 9:00am – 12:00pm. Lions and Tigers and Pigs, Oh My! On a journey through the animal kingdom, art adventurers discover a multitude of kooky critters. Stained glass giraffes, fabric dogs, ceramic elephants, wooden snakes and clay lions. Fun facts about each creature are included and masterpieces go home each week. Elmer Thienes – Mary Hall Elementary Cafeteria. Cost is \$145.00 for residents/\$150.00 for non-residents.

Acrylic Landscape Painting – Grades 1 & 2, July 1st – 3rd, 9:00am – noon. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$80.00 resident/\$85.00 non-resident.

Watercolor – Grades 3 – 6, July 1st – 3rd, 1:00pm – 2:30pm. Elmer Thienes – Mary Hall Elementary School Art room. Cost is \$65.00 resident/\$70.00 non-resident.

Mini –Hawk Camp (Soccer, Baseball and Basketball) – Ages 4 – 6, July 8th – July 12th, 9:00am – 12:00pm. This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. Registration fee \$129.00 residents/\$139.00 non-residents. Camp is held at the Elmer Thienes - Mary Hall Elementary School.

Multi - Sport Camp (Soccer, Baseball and Basketball) – Ages 7 – 10, July 8th – July 12th, 9:00am – 12:00pm. This multi-sport program is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. Registration fee \$129.00 residents/\$139.00 non-residents. Camp is held at the Elmer Thienes - Mary Hall Elementary School.

Acrylic Landscape Painting – Grades 3 – 6, July 9th – 11th, 9:00am – noon. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$80.00 resident/\$85.00 non-resident.

Summer crafts for students – Grades 1 & 2, July 9th – 11th, 1:00pm – 2:30pm. Students create crafts such as decorative planters, door decorations and sand paintings. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$80.00 resident/\$85.00 non-resident.

Skyhawks Flag Football Camp – Ages 6 – 10, July 15th – July 19th, 9:00am – 1:00pm. Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense – all in a fun and positive environment. Registration fee is \$129.00 residents/\$139.00 non-residents. Camp is held at the Elmer Thienes - Mary Hall Elementary School.

Skyhawks Sand Volleyball Camp – Ages 10- 14, July 15th – July 19th, 9:00am – 1:00pm. All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Boys and girls will develop skills through game-speed drills and daily scrimmages. Registration fee is \$129.00 for residents/\$139.00 non-residents. Camp is held at the Blish Park sand volleyball court.

Mad Science – Secret Agent Lab – Grades 1 – 6, July 15th – July 19th from 1pm – 4pm. Children will develop secret agent and detective skills in this super hands-on week of fun! Discover how chemistry and the science of forensics can come to the aid of a secret agent or detective. Registration fee is \$155.00 resident/\$160.00 non-resident. Camp is held at Elmer Thienes – Mary Hall Elementary School.

Mad Science – Gross-O-Rama – Grades 1 – 6, July 15th – July 19th from 9am – noon. Get ready for the science of grossness and ickiness! Discover the science of bodies, chemistry, polymers, germs and nature. Learn how to extract DNA from various products, how germs spread, the human digestive system through hands on play. Registration fee is \$155.00 resident/\$160.00 non-resident. Camp is held at Elmer Thienes – Mary Hall Elementary School.

Mad Science – Secret Agent Lab & Gross-O-Rama - Grades 1 – 6, July 15th – July 19th from 9am – 4pm. This is a full day option for those Mad Scientists interested in both programs. Registration fee is \$275.00 resident/\$280.00 non-resident. Camp is held at Elmer Thienes – Mary Hall Elementary School

Drawing – Grades 3 – 6, July 16th – 18th, 9:00am – 11:00am. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$65.00 resident/\$70.00 non-resident.

Pee Wee Picasso – Ages 4 & 5, July 16th – 18th, 1:00pm – 2:00pm. Exploration with various art mediums for children ages 4 & 5. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$50.00 resident/\$55.00 non-resident.

Acrylic Painting on Canvas – Grades 6 - 8, July 23rd – 25th, 9:00am – noon. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$80.00 resident/\$85.00 non-resident.

Lego – STEM Foundations with Lego - Grades K-6, July 29th – August 2nd, 8:30am – 11:30am. Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Gear Cars, Castles, Airplanes, and Scissor Lifts. Elmer Thienes – Mary Hall Cafeteria. Cost is \$155.00 resident/\$160.00 non-resident.

Lego – Jedi Craft Adventure Game – Grades K-3, July 29th – August 2nd, 12:00pm – 3:00pm. Mine, craft, and build the Star Wars universe using Lego bricks! Build a pod racer, craft a Droid, or create the Treehouse Village of Endor! Elmer Thienes – Mary Hall Cafeteria. Cost is \$155.00 resident/\$160.00 non-resident.

Lego – STEM Foundations & Jedi Craft Adventure Game – Grades K – 3, July 29th – August 2nd, 8:30am – 3:00pm. This class gives the participant the option of participating in a full day Lego camp! Participants should bring a bagged lunch daily. Registration fee is \$255.00 resident/\$260.00 non-resident.

Special Events

Easter Egg Hunt – Saturday, April 13th at Blish Park! Visit the Easter Bunny and have fun with family and friends at the egg hunt. Rain date is Saturday, April 20th. Ages 2 and under @ 11:15am, Ages 3-5 @ 11:45am, Ages 6-8 @ 11:00am, ages 7 - 10 @ 11:30am.

Kids Fishing Derby – Saturday, May 11th, 9:00am – 11:00am at Blish Park. This event is held for anyone from 4 to 15 years of age. Registration for this event is \$10.00. Prizes will be awarded for biggest fish, smallest fish and first fish caught.

Paw Patrol Live at the XL Center! – Sunday, May 12th @ 2:00pm. No job is too big, no pup is too small! PAW Patrol Live! “Race to the Rescue,” an action-packed, music-filled production. It's the day of the Great Adventure Bay Race between Adventure Bay's Mayor Goodway and Foggy Bottom's Mayor Humdinger, but Mayor Goodway is nowhere to be found. PAW Patrol to the rescue. Tickets for the show are \$29.00.

Tuesday afternoon Lunch & Movie – Spend an afternoon with family or friends enjoying lunch and a movie. The town of Marlborough will provide transportation to a restaurant & the Colchester cinemas for Tuesday matinee \$5.00 specials! This program will take place on the first Tuesday of every month beginning on April 2nd. There is no registration fee for this program, but you will need to call the recreation department to reserve seats for transportation.

Essex Steam Train & Riverboat Lunch Excursion – Thursday, June 25th, 11am – 3pm. Enjoy a 3 course lunch aboard restored 1920's Pullman dining cars as part of a 3.75 hour lunch, train and riverboat sightseeing excursion. Transportation provided by the town for any residents not wishing to drive. Registration fee is \$65.00 adults/\$55.00 for children ages 2 – 11.

Essex Steam Train & Riverboat Brats and Beer Cruise – Ages 21 and up, Thursday, August 1st, 6pm – 9:30pm. Ride a vintage train to the riverboat where you will enjoy tastings of carefully selected craft beers and a buffet of brats while listening to live music. Registration fee is \$70.00.

